

# DEFINITIONS OF SEASONS AND DAY TYPES

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## Definition of seasons and day types used in the Profiling process

The year is broken down into the following seasons:

- **Winter:** defined as the period from the day of clock change from British Summer Time (BST) to Greenwich Mean Time (GMT) in October, up to and including the day preceding the clock change from GMT to BST in March;
- **Autumn:** defined as the period from the Monday following the August Bank Holiday, up to and including the day preceding the clock change from BST to GMT in October;
- **High Summer:** defined as the period of six weeks and two days from the sixth Saturday before August Bank Holiday up to and including the Sunday following August Bank Holiday;
- **Summer:** defined as the ten-week period, preceding High Summer, starting on the sixteenth Saturday before the August bank Holiday;
- **Spring:** defined as the period from the day of clock change from GMT to BST in March, up to and including the Friday preceding the start of the summer period.

The days are separately grouped according to the following day types:

- Weekdays (WD);
- Saturdays (SAT);
- Sundays (SUN).